



SUMMER CAMPS

SPORTS CAMPS | CAN



Nike Soccer Camps

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30AM	Early Care Check- In and Groups Rules and Schedule Warm-Up Activities	Early Care Warm-Up Activities Players' Choice Game	Early Care Warm-Up Activities Players' Choice Game	Early Care Warm-Up Activities Players' Choice Game	Early Care Bouncy Castle Warm-Up Activities
8:00AM					
8:30AM					
9:00AM					
9:30AM	Water, Snack, Sunscreen				
10:00AM	Water, Snack, Sunscreen	Water, Snack, Sunscreen	Water, Snack, Sunscreen	Water, Snack, Sunscreen	Water, Snack, Sunscreen
10:30AM	Activity Focus: Ball Mastery Skill Focused Game	Activity Focus: Passing Skill Focused Game (TD Evaluations)	Activity Focus: First Touch Skill Focused Game	Activity Focus: Shooting Skill Focused Game	Bouncy Castles Player's Choice Game (TD Evaluations)
11:00AM					
11:30AM					
12:00PM	Lunch	Lunch	Lunch	Lunch	Pizza Lunch
12:30PM	Sunscreen Activity Focus: 1v1 Attacking/Defending	Sunscreen Swimming	Sunscreen Video Training Activity Focus: Decision Making	Sunscreen Video Training Activity Focus: Breakaways and Finishing	Sunscreen Soccer Tournament
1:00PM					
1:30PM					
2:00PM					
2:30PM	Water, Snack, Sunscreen				
3:00PM	Soccer Relays Equipment Clean-up	Activity Focus: Creating Space Equipment Clean-up	Fitness Training Equipment Clean-up	Skills Challenge Equipment Clean-up	Awards PK Shoutout Equipment Clean-up
3:30PM					
4:00PM	Check-out and Pick Up Late Care End of Day	Check-out and Pick Up Late Care End of Day	Check-out and Pick Up Late Care End of Day	Check-out and Pick Up Late Care End of Day	Check-out and Pick Up Late Care End of Day
4:30PM					
5:00PM					
5:30PM					
	List of soccer drills, games and fitness on the website. Focus is on ball mastery, first touch, passing, receiving, attacking, defending and shooting.				

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